

# 'IF THE UNCONSCIOUS COULD SPEAK...'

Don't let grief be a burden on your shoulders,

For behind every pain a lesson prevails,

And after every suffering the sun of consciousness rises.

Learn from the mirror its sincerity

When it reflects all what touches upon its surface, hiding nothing,

Thus, sincerity is the mirror of consciousness.

When walking

Let not the sun be behind you, lest you stumble with your shadow...

Let it not either be in front of you, lest your shadow follows you...

Let the sun of consciousness be right above you,

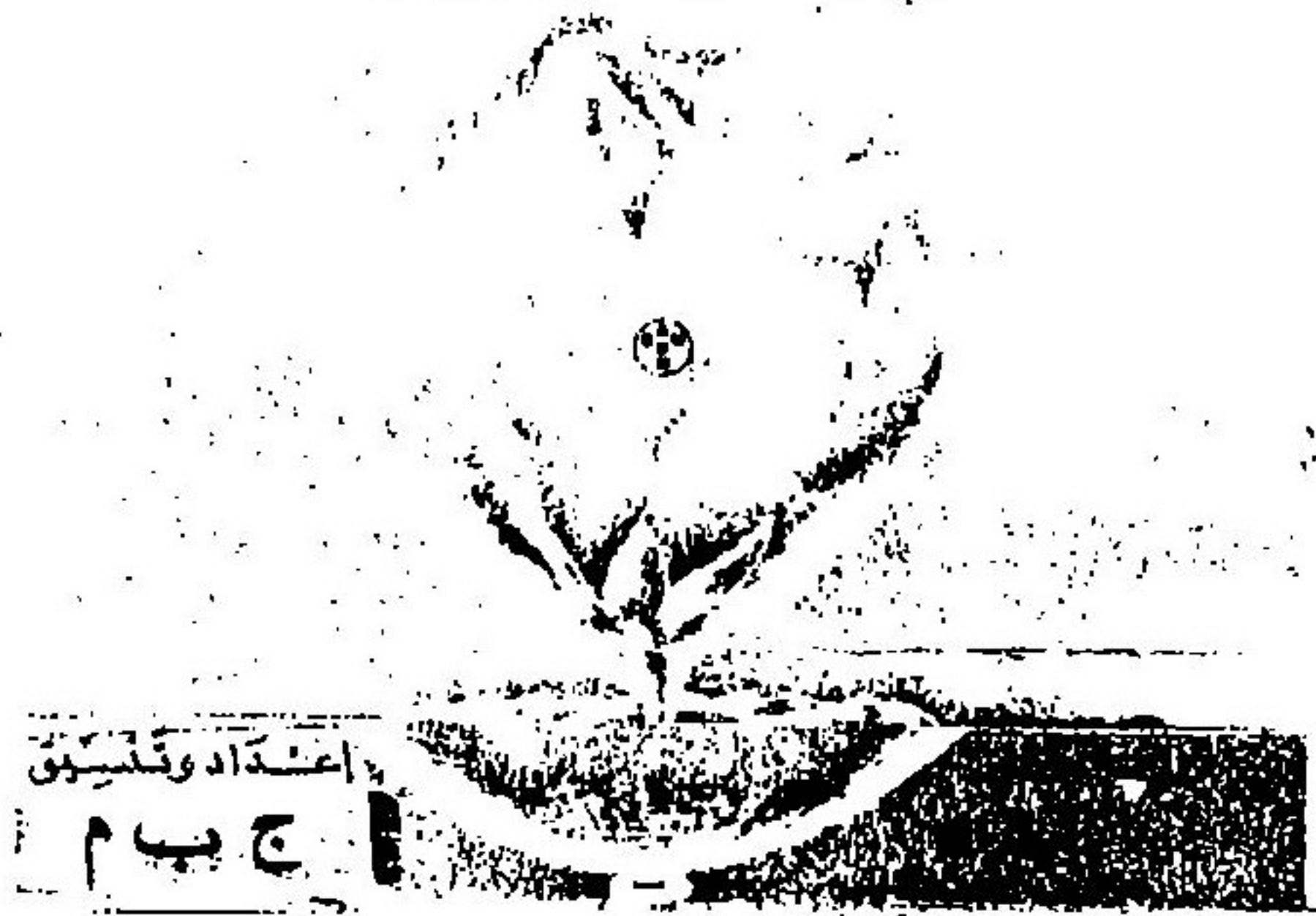
Thus all shadows of unconsciousness disappears from your path.

"If the Unconscious Could Speak" (Al-Lawai In Haka) is one of a 14-book-series in Arabic written by Joseph Majdalani, founder of the Esoteric Center, where the science of the humanity of Man is promulgated.

"Because 'the place where we live is limit-

... اللّٰوَعِي اِنْ حَسَكِي

(من مقال الایزوتیریک)



ed' the writer went beyond place and time dimensions, reading 'life's silence and noise', refusing to be a 'tear on life's cheek', discovering 'lessons hiding behind suffering' and exploding 'the light of consciousness out of every pain'.

This is an extract of what Dr. Elias Hajj, secretary general of the Lebanese Philosophy League, wrote in his Introduction to this book.

Majdalani (J. B. M.) chose the aphorism style to express what "Unconscious" may say, "if it spoke".

Reading these aphorisms, you feel each one as having the power to take you to both the farthest depth of the hidden self and the highest space in the universe, drawing a secret link between the two. Thus, you understand both worlds with the capability of your subconscious to grasp the abstract, which does not need the mediation of the mind or of the reason, since it directly addresses the true self within.

The style is simple, but the transparency of the meanings, lying between lines and words, stirs up imag-

es, sounds, and movements, so that you understand the meaning by understanding it

At times you feel yourself moving in one of those aphorisms. At others you hear the rhythm of your heart-beat, or the cadence of nature's breathing, or even the sound of time eternal.

"What is the role of the word in stirring up feelings and in illuminating thoughts?"

"In fact, the fascinating meaning of the words stems from wherever the mind rejoins the heart.

"Wrong is he who thinks that inspiration is a passing moment, flashing in the human mind. Inspiration is a treasure of knowledge lying deep within each one of us...

"Self-knowledge is the door, and you (reader) are the key. For knowledge is the mother of all sciences.

It is the aim of the book to offer glimpses of this knowledge. "If the Unconscious Could Speak" has four parts, corresponding to the "four seasons of human existence" (to quote the author): "Insaniyat" (Humanities), "Hayatiyat" (Life-sciences), "Rouhaniyat" (Spiritualities), and "Ilahiyyat" (Divinities).

of the invisible aspects whether on Earth or in nature and in the Cosmos!

The 'Esoteric' is the distinctive science which is based on practical application, realized by all its adherents, in all sides of life:"

Q. "In your recent lecture, you mentioned that the science of the brain is the most retarded or least - discovered among all medical sciences: Would you expound on this point?"

A. "For the simple reason that the brain is the most connected with the invisible constituents of the human being, known in the Esoteric Sciences as the 'Esoteric bodies'; noting that each one represents a different dimension of consciousness in the human being.

The truth of the functioning of the brain is only comprehensible through its relation with these invisible bodies!

Science, at large, is not yet aware of these invisible Esoteric bodies. And because its researches are still confined in the domain of the physique, it is yet unable to grasp what lies beyond the material body."

Q. "Do you insinuate that the brain is not the conductor of the functioning of the body?"

A. "Let us ask first who is the 'Programmer' of the brain; if the brain is self-programmed as known, why do we find differences in thinking, and the way of thinking among persons... as well as the interaction of senses and feelings?"

"The brain is not merely a lump of nerves within the skull. The brain is a means to the functioning of consciousness. For consciousness is the base, and the brain is the 'instrument of consciousness', in Esoteric parlance!

"You see yourself in the mirror. It is not the Truth of what you behold... you are beholding the reflection of Truth! So is the case when you look at the brain, you are beholding the mirror of consciousness... Whereas true consciousness is what you cannot see!

"You can never see yourself. You can only see your reflection! So is the case in regards to consciousness. You can never see it. It is the reflection which you see, and this is reflected in the physical organs, particularly in the brain, for the brain interacts with the largest quantity of the vibrations of consciousness!"

Q. "Then, what is the brain, or how can we specify its quiddity?"

A. "We may liken the brain to a computer, through which consciousness functions in the domain of the physical body... noting that consciousness is the programmer!"

Q. "What is consciousness?"

A. "The 'Esoteric' explains consciousness as immaterial vibrations of a high etheric or spiritual nature... with a capability of containing or grasping whatever falls within its domain, provided that it does not exceed the oscillatory degree of the thing grasped by the frequency of the oscillation of consciousness itself. This oscillatory frequency is decided by the level of consciousness of every person!

"Consciousness is vibrations working through the brain, showing the outcome as thoughts, feelings, sensations, reactions, and movements in the human body.

"Let us take broadcasting or T.V. emission as an example.

"Emission is explained as electromagnetic waves composed of vibrations traversing the atmosphere. It is not possible to comprehend these vibrations without an instrument which is able to interpret these vibrations. This instrument is the radio in the case of audio-emission and the T.V. for visual emission... so that one may be able to hear the voice and see the picture. And no one can understand the vibrations moving through the atmosphere without a receiving apparatus able to interpret these vibrations.

"So is the case in regards to the brain. It is the receiving and interpreting device to the vibrations of consciousness which permeates the human being".

Q. "What is the origin of these vibrations?"

A. "We said that consciousness is vibrations emitting from the invisible constituents of man. Those which adopt the appellation of Esoteric bodies - the astral body and mental body in particular, or the bodies of feeling and thought!"

"I conclude by saying that the physical visible body is not the true human being. It is but a threshold to the truth of the hu-

man being. The successful scientist is the one who seeks in the invisible to comprehend the truth. For the truth emanates originally from the invisible... to reach the material world, veiled! This is how the 'Esoteric' works, and realizes its findings!"